



# THE CARE GUIDELINES ADVANTAGE: INPATIENT

Milliman Care Guidelines® products and software are used by more than 1,700 clients to support the care management of a majority of Americans. There is good reason for this broad acceptance, as Milliman's *Inpatient and Surgical Care* and *General Recovery Guidelines* products provide significant advantages over other criteria options.

## Support for Proactive Care and Best Practice

- Care planning guidelines include a broad range of criteria, additional content to support proactive care
- Defined best practices help reduce unnecessary variation and improve care quality and efficiency
- All admissions covered: presented by specific diagnosis or procedure, supplemented by body-system and problem-oriented guidelines
- Inpatient product includes admission and procedure criteria; care pathways; alternatives to admission or procedure; and operative status criteria; plus pediatric and behavioral health content
- Admission, discharge criteria included for many levels of care: ICU; intermediate; telemetry; neonatal I, II, III; and diagnosis-specific observation

## Integrated Clinical Evidence

- Full-time faculty develops guidelines using explicit evidence-based principles, employing only current best evidence
- Direct links to references and available abstracts describing the evidence base are embedded throughout workflow
- Each guideline includes narrative Annotated Bibliography

## Offers Concurrent Review and Discharge Planning

- Care pathway table describes key elements and recovery milestones; six clinical categories for each day/stage
- Care elements and milestones promote optimal care delivery and help track medically necessary and potentially avoidable variances that may increase length of stay
- Each day prompts discharge planning activities; includes discharge planning and destination criteria
- Notes discontinuation of important care items, plus changes in status and care
- Final-day recovery milestones indicate whether patient is ready for discharge or transition to a lower level of care

## Access to Patient Materials and Information

- Includes evidence-based patient education guidelines for case managers, plus printable patient discharge handouts (limited preview version)

## Includes LOS Targets and Utilization Models

- Provide evidence-based Goal Lengths of Stay (GLOS), directly related to content, for each diagnosis or procedure; Benchmark Lengths of Stay also provided
- Six utilization models covering commercial and Medicare-aged populations provide data on admits per 1,000, average length of stay and days per 1,000

## Incorporates National Quality Measures

- Diagnosis- or procedure-specific Hospital Quality Alliance measures integrated within appropriate guidelines
- All quality-measure-related care elements are flagged and footnoted throughout appropriate diagnoses
- Compliance is documentable within interactive *CareWebQ*® software

## Presents Guidance for Extended Stay, Complications

- Extended Stay section describes situations in which stays may be longer than GLOS; outlines expected evaluation or therapeutic regimen; provides estimates of extension duration
- Common Complications and Conditions includes prevention information, continued stay and discharge criteria

## Provides Care Planning and Management Assistance

- Alternative care, hospital care and discharge planning content within every guideline
- Guidance on common tests, procedures, treatments, consultations, and other items
- More than 20 care management tools include patient, family, and caregiver education; common medication; and home safety, psychosocial, ADL, and IADL assessments